



Sun Safety Policy

April 2026

To be reviewed April 2029

Rationale

This policy sets out clear principles and guidelines on supporting families and children to learn of the need to keep safe in the sun and how to protect themselves to avoid sunburn.

Abercromby Nursery School aims to:

- Work with our families to promote sun safety
- Provide opportunities for children to learn about the dangers of sunburn
- Support children to learn self-help skills with regard to sun protection
- Ensure children are protected from the harmful effects of sun
- Make sure that children's need and right to play out, is balanced by the need to protect them from the harmful effects of the sun

In order to achieve our aims we will:

Teach about Sun Safety

As the weather becomes warmer and sunnier, usually April, children will learn about the dangers of being out for a long time in the sun and all the ways they can keep safe:

- SLIP on a t-shirt.
- SLAP on a hat with a wide brim and/or neck protection (e.g. the school legionnaire style caps)
- SLOP on some suncream
- SLIDE into shade in the hottest part of the day

Enlist Family Support

Families will receive a letter at the same time:

- Informing them of our desire to protect their children and the ways we will be teaching them self-help skills
- Requesting families put long lasting or 8 hour minimum factor 15 suncream on their children before they arrive at the Nursery
- Requesting children wear t-shirts which cover shoulders (and not vest tops or strappy sundresses)
- Requesting children bring a wide brimmed sunhat, or legionnaire style cap with a back flap to protect their neck (named)
- Asking families to fill in a permission to administer extra suncream after lunch (provided by the Nursery)
- If children are extremely sensitive to proprietary suncreams they may bring in their own named bottle

Follow agreed practice in the Nursery

On sunny, Summer days, all staff will be vigilant and aware of their duty of care, following these procedures:

- As children come into Nursery, staff will check with families, and note which children have not had suncream applied, reminding families of the need to do this,
- If children come in wearing vest or strappy tops, Staff will remind families of the need to wear loose clothes that cover the shoulders,
- Activities will be set up in shade, so children can access the garden and keep out of the sun,

- When playing outside, only children who have suncream applied can play outside,
- Children must wear hats or caps (legionnaire). We will provide some spares.
- After lunch, Staff will re-apply suncream to those children whose families have given permission; children will be encouraged to help rub the cream in.
- We will supply suncream, suitable for sensitive skins, from a known reputable company e.g. Boots Soltan Supersensitive water resistant factor 30
- At any time if Staff feel that children are at risk of sunburn, they will limit the time spent outside and use their discretion and initiative and take that child or children inside.
- Fresh water is provided at all times, and children encouraged to drink extra when it is hot.