

Personal, Social and Emotional Development (PSED)

Happy
Confident
Ready for
the Future
♡

Children's personal, social and emotional development (PSED) is crucial for children to lead healthy and happy lives, and is fundamental to their cognitive development.



Strong Attachments

Underpinning their personal development are the important attachments that shape their social world. Strong, warm and supportive relationships with adults enable children to learn how to understand their own feelings and those of others.



Understand and Express Feelings

Children should be supported to manage emotions, develop a positive sense of self, set themselves simple goals, have confidence in their own abilities, to persist and wait for what they want and direct attention as necessary.



Healthy and Independent

Through adult modelling and guidance, they will learn how to look after their bodies, including healthy eating, and manage personal needs independently.



Make Good Friendships

Through supported interaction with other children, they learn how to make good friendships, co-operate and resolve conflicts peaceably.



A Secure Foundation

These attributes will provide a secure platform from which children can achieve at school and in later life.

Healthy minds,
happy hearts,
brighter futures
♡